

Summary of the Walks

with leaflet numbers

1	Mitchel Troy Loop	3.5 miles	20+ stiles	Views, farmland, woodland and country lane, one steep ascent and one steep descent
2	Wonastow Loop	2.5 miles	7 stiles	Views, farmland, one gentle ascent and descent
3	Lydart Loop	2 miles	14 stiles	Views and history, farmland, one steep ascent and one steep descent
4	Lloysey Loop	2 miles	No stiles	Woodland trim trail, fairly flat
5	Penallt Loop	10 miles	20+ stiles	One strenuous ascent and steep descent, farmland, forest and woodland, church and pub

If you walk with a dog, please be aware that there is livestock in some of the fields and dogs should therefore be on leads and kept strictly under control. Please follow the Countryside Code:

- Be safe – plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

Some of the paths are not Public Rights of Way and are walked with the permission of the land-owner. This permission may be withdrawn at any time.

It is strongly recommended that the leaflets are used in conjunction with the Ordnance Survey Explorer Map OL14.

Mitchel Troy Church Car Park (at SO492104) can be reached by bus numbers 60 and 83 on the Monmouth to Newport/Abergavenny routes. Contact Traveline Cymru on 0871 200 22 33 for timetable and bus stops.

The Mitchel Troy Community Group is not able to guarantee access to any of the Mitchel Troy Walks and is not responsible for their maintenance.



For further information, please contact Mitchel Troy Local Paths Group on 01600 715618 or look on the Paths Group page of www.mitcheltroy.com Any comments would be very much appreciated.

The photographs in this leaflet were kindly provided by Elaine Savage and Rosey Ringer who retain the copyright.

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Mitchel Troy Walks

INTRODUCTION TO MITCHEL TROY



Church of St Michael and All Angels



Church Farm Guesthouse

**PLUS POSTMAN'S PATHS
ON MITCHEL TROY
COMMON**

Introduction to Mitchel Troy

OS Explorer Map OL14 Car park at SO492104

This leaflet is an introduction to five walks in the Mitchel Troy area that include a short family and dog friendly walk in the forest combined with a trim trail, a walk on the other side of the Trothy Valley from the village, a walk through history with great views, a steep walk up to possibly the best view in Monmouthshire, and a long, quite strenuous, walk through farmland and woodland to view the bluebells in Spring (and other colourful flora and fauna in the rest of the year). The walks are set out in five leaflets, as shown on the chart overleaf, with the distance, number of stiles and a brief description.

Church of St Michael and All Angels

Apart from the Lloysey Loop, all walks begin at the church car park in Mitchel Troy, so do take time to visit the Church of St Michael and All Angels with its medieval lych-gate.

Little remains of the former early thirteenth century church. The tower was built in 1414 and has a stone on the south wall with the inscription "ORATE PEO GODEFRIDO ET IOHANNE". Nothing is known of its origin but it may be a foundation stone. At one time there was a spire on the top but in the eighteenth century this fell through the roof, possibly after being struck by lightning, and demolished the north aisle. In the tower are three ancient bells with inscriptions bearing the names of rectors and churchwardens from 1656 to 1723.

A very extensive rebuild took place in the 1870s by John Pritchard, the diocesan architect. Inside there is a large Norman font, with an octagonal stem, and an ornate Victorian font gifted at the time of the re-consecration in 1876.

The 'Ancient Cross' mentioned in *The National Gazetteer of Great Britain and Ireland* (1868) and in *Kelly's Directory for Monmouthshire, 1901*, is a fourteenth century preaching

cross, which stands next to the path on steps. Its shaft has chamfered edges set with devices of shields and ball-flowers, which are repeated inside the church on the pulpit and rebedos.

Stocks that formerly stood outside the church wall are now located inside the church.

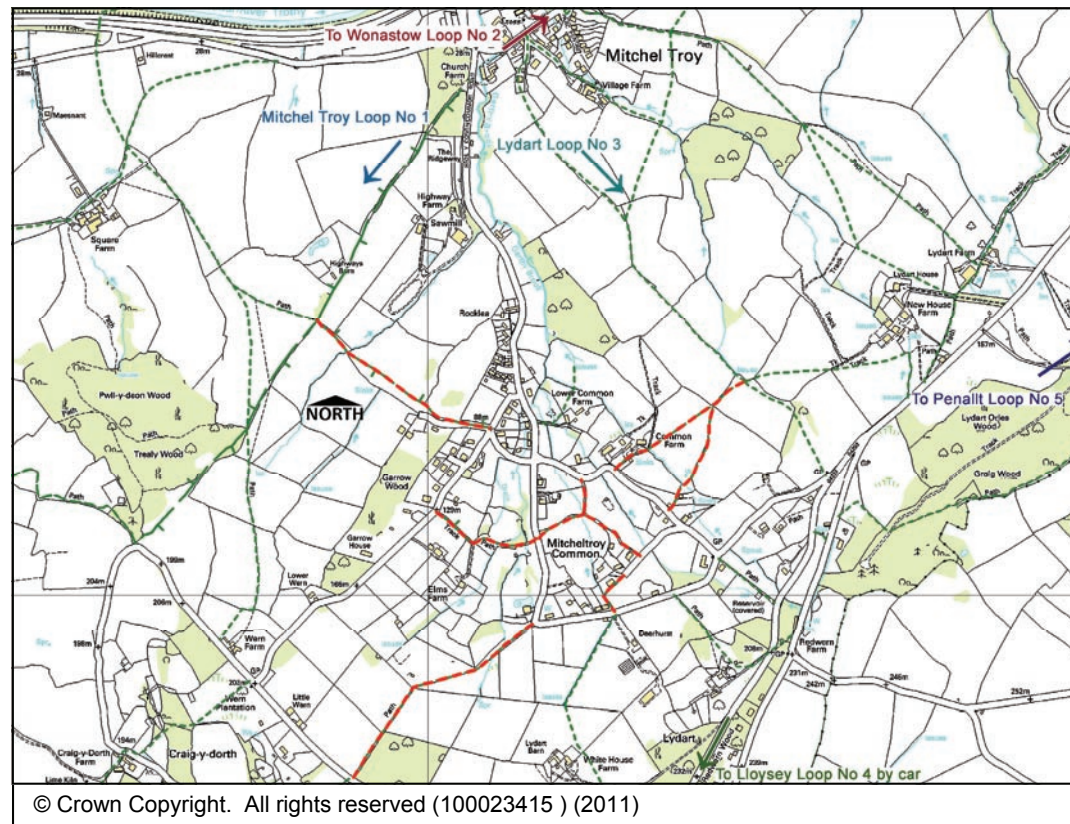
Mitchel Troy

Mitchel Troy may mean Little Troy, with Mitchel being a form of mickle, or it may derive from the Welsh name, Llanfihangel Troddi, which means the church of St Michael on the Trothy. Trothy or Troy comes from the Welsh "troi" meaning 'twist' or 'turn'.

Postman's paths

Up on Mitchel Troy Common, there are a number of footpaths and green ways that link the various farms and houses. Most of these have existed for hundreds of years, but in recent history they were well used by the local postman as shortcuts across the Common. These paths are shown in red on the map below.

The map also indicates the first part of the paths in leaflets 1, 2, 3 and 5, and the direction to the start of the path in leaflet 4. All leaflet maps are based on Ordnance Survey using the same keys for footpaths, bridleways, permissive paths and restricted byways.



- Key:
- - - - = Postman's Paths
 - = Mitchel Troy Loop No 1
 - = Wonastow Loop No 2
 - = Lydart Loop No 3
 - = Loysey Loop No 4
 - = Penallt Loop No 5
 - - - - = Other public footpaths
 - = Other bridleway
 - = Other restricted byways